

Resume of Roland Vandal CCRC

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www.breakingthechain.ca

Summary of Qualifications

30 years Journeyman Flooring Installation

CCRC Canadian Certified Recovery Coach

19 years in youth/young adult mentorship roles

Men's Sober Living Homes

Over 700 Local and International Speaking Engagements/breakinthechain.ca

Level 1, 2 & 3 National Boxing Coach NCCP Certification Program

NCCP Boxing Course Instructor

Former Pro Boxer

Professional Experience:

Published author

Current Owner/ED Breaking the Chain INC Sober Living Recovery Homes

2012-2018: 8 year Full time Foster Parent to 4 teens in specialized youth care

2013 Current: 9 year Foster parent to 1 young adult with Special Needs CLDS/CFS

2009 2 year foster parent with Sagkeeng first nations

Journeyman Flooring Installer

Operator/Proprietor

Vandal Flooring Solutions-Various and ongoing times on a casual basis 2005-2022

30 year Journeyman Flooring Installer

Safety officer (Construction Safety Ass. of Manitoba)

Antex Western, Winnipeg, Manitoba

2003-2005-2008-2012=2022 current

Co-Founder, former director of 210 Recovery Homes 2005

founder/owner/Managing Director of private 'Maurice Roland Vandal Sober Living Home'
2009-2010/2021/2022

Aug 2010-Sept 2011 2 year foster parent with Sagkeeng Child and Family Services2020

Aug 2011 – 2019- Specialized Foster Care Program with Metis Child Family and Community Services

Education/Certification/Clearance:

Current CRIM, CAR, AAR, First Aid, NVCI

CCRC Canadian Certified Recovery Coach

NVOT volunteer cleared in provincial and local correctional institutions across Canada

GED at Kildonan East High Class of 89'

Licensed Hunting Guide/ Hunters safety course

5th class power engineering 1989

Land, Air and Sea Radio Communication training1990

Crisis intervention training from AFM "dealing with Youth and Adults" 2005

Fundamentals of addiction training from AFM 2005

Standard first aid/CPR certified 2022

Criminal Record, Adult Abuse and Child Abuse Reg clearance 2022

CPIC Clearance 2016

Federal and Provincial clearance for volunteering in all correctional facilities 2016 N.V.O.T Training (National Volunteer Organizational Training)

Valid Passport 2022

Certified Safety Officer through Construction Safety Association of Manitoba 2005

Social Services SPECIFIC

Assist suicide prevention course 2012

"Beyond the Hurt," bullying prevention course 2012

CORE Competency Certifications "Family Focused Training"

Metis Cultural Program 2014

Specialized FASD training 2014

Family Focused Training 2014 Metis CFS

Residential Schools, Intergenerational Effects, Truth and Reconciliation May 11/12 2016

Traditional Parenting training Mamawii with Vern Dano November 2019

Understanding Attachment training Mamawii CFCS January 2020

NVCI Non Violent Crisis Intervention Feb 19/2020 Mamawii

Child Welfare Training Feb 12/2020 Mamawii

Code of Honor Training 3 days Feb 26,27,28/2020 Mamawii

Public Speaking experience:

"breakingthechain.ca"

Over 700 speaking engagements in various forums, including schools, conferences, and 12 step fellowships in Canada and the U.S on Drug/Alcohol Abuse, youth gangs, bullying, boxing/sport etc

Voices Conference, Vancouver, BC

Shattering Silence, Gang Members and Sex Workers speak out, Toledo, Ohio.

Breaking it down (gangs, groups and cliques) Conference, Toronto, Ont.

Substance Abuse prevention team circuit 4 times in 5 cities and reserves, across Ont.

Baldy Hughs Healing center, Prince George, BC
Weekend Spiritual Retreat Facilitator, Buffalo, NY
Keynote at MB Principles conference, Gimli, MB
Keynote at MB Teachers conference, Gimli, MB
Keynote for Manitoba Provincial Principles Conf at the MB Teachers Society
Keynote at Provincial Students Conference in Malita MB
Keynote for Wellness day at Shamrock School
B and L Provincial Conference 2013

Achievements:

2019 and 2020 nominated for the “Indspire Award”
2017 Selected for the “Our Manitoba Heroes Award”
2017 nominated and selected as one of the top 150 community leaders in Canada for mental health
2017 winner of the TJ’s Gift Champion Award
2016 named and accredited as one of the top 100 Community Leaders in CDA and the U.S by the John C Maxwell University in Orlando Fl
2016 the Release of “THE WOUNDED HEALER, THE ROLAND VANDAL STORY” aired nationally on CBC National TV May 14/2016
2016 named “ONE OF MANITOBAS FINEST” by the Kidney Foundation Of Manitoba
Recently Published in "Leadership of Winnipeg Book" by the Winnipeg Chamber of Commerce, named as one of the top 40 community leaders in Winnipeg
Recently named number 80 of the 100 most fascinating people by the Manitoba in the Metro Paper in Ace Burpees column
23 articles in local newspapers
2015 signed to a book contract writing/working on book based on "Post Traumatic Stress Disorder" and my life story
My book “OFF THE ROPES, MY STORY” released across Canada and world wide as an EBOOK with Signature Editions
‘APTN TALK SHOW CONTACT’ national call in show

"Grassroots" newspaper feature article by Scott Taylor

'Lewis and Hustler morning call in show'

'Big Breakfast' Citi TV, 2 Appearances

Judge/Coach 1st and 2nd season (13 episodes each season) Warriors TKO on APTN

National Film Board of Canada Documentary(in development stages)

Documentary 'Filling The Void' by JustTV (distributed to 500 schools and social organizations)....based on the inner trauma and disconnections of a child

Feature documentary "Fight," produced by Ervin Chartrand and Jim Agapito based on personal work with innercity kids at risk and can now be seen on Netflix...premiere July 2012

Volunteer Work/Personal Achievements:

Aboriginal/Metis nationality

20 years sober

11 years Board of directors at Red Road Lodge(47 bed transitional housing) currently chair and president of the board

Former Board of Directors of Pan Am Boxing/Pan Am Place sustainable housing for 30 at risk youth ages 18-24.....set to open in Aug 2012

12 step sponsor to well over 400 men in recovery over 20 years

Volunteer at Manitoba Youth Center, Remand center, Headingly, Milner Ridge, Stony Mountain Penn volunteer for 7 years bridging the gap to prevent reoffending

3rd level National Amateur NCCP Boxing Coach for 15 years

Level 1 NCCP Hockey Coach for 2 years

Life Coach focusing on male mentoring

Coached "Team Manitoba" for the Canada Winter Games 2011, 5 of the 8 boys on Team Manitoba were troubled kids I/Pan Am developed from 13 years old

References available on request